Top 19 Unmissable Activities to Experience in Liwa, UAE – 2025 Edition

Nestled in the heart of the UAE's Empty Quarter (Rub' al Khali), Liwa is a hidden gem that offers an authentic Arabian desert experience unlike any other. Rich in Bedouin culture, historical significance, and breathtaking natural landscapes, Liwa is a must-visit destination for those looking to escape the bustle of city life and dive deep into Emirati heritage.

Whether you are an adventure seeker, culture lover, or nature enthusiast, Arabiers brings you the *Top 19 Unmissable* Things to Do in Liwa, *UAE – 2025 Edition*, ensuring your desert escape is memorable, meaningful, and magical.

1. Explore the Liwa Oasis

The heart of the region, Liwa Oasis, is a lush, green strip surrounded by endless sand dunes. Home to date palms, ancient forts, and traditional Emirati farms, this is the perfect spot to begin your Liwa journey.

2. Visit Moreeb Dune (Tal Moreeb)

Towering over 300 meters high, Moreeb Dune is one of the tallest sand dunes in the world. It's a hotspot for dune racing, sandboarding, and epic photography, especially during sunrise and sunset.

3. Attend the Liwa International Festival

Held annually in January, this festival showcases local heritage through camel races, falconry, drag racing on sand dunes, and traditional Emirati music and dance.

4. Stay at a Desert Camp

Arabiers offers exclusive desert camping experiences where you can enjoy Bedouin hospitality, authentic cuisine, and stargazing under the clearest skies in the UAE.

5. Take a 4x4 Desert Safari

One of the top things to do in Liwa, a guided 4x4 safari takes you deep into the Rub' al Khali for adrenaline-filled dune bashing and awe-inspiring views.

6. Discover Qasr Al Sarab Resort

This luxury desert resort is perfect for those wanting a blend of comfort and culture. Enjoy world-class spas, camel trekking, and guided desert excursions.

7. Try Sandboarding

Slide down the massive dunes on a sandboard. It's thrilling, safe, and fun for all ages – a must-try activity in Liwa.

8. Explore Forts and Watchtowers

The region is dotted with historic forts, many of which were built to guard water sources and trade routes. Fort Dhafeer and Mezairaa Fort are worth a visit.

9. Photography Tours

Liwa is a paradise for photographers. From golden dunes and camel caravans to vibrant sunsets and traditional architecture, every corner is Insta-worthy.

10. Visit the Liwa Date Festival

Taking place in July, this festival celebrates the date harvest with competitions, workshops, and cultural exhibitions.

11. Experience Camel Trekking

Join a camel caravan and experience travel the traditional way, while learning from local guides about desert survival and Bedouin culture.

12. Watch the Sunset at the Dunes

There's nothing quite like watching the sun set over the golden sand dunes of Liwa – an experience that stays with you forever.

13. Try Traditional Emirati Cuisine

Taste local delicacies like harees, machboos, and fresh dates at family-run eateries or during your Arabiers-guided tours.

14. Overnight Camping with BBQ

Arabiers offers private overnight desert camps with BBQ dinners, storytelling, and cultural immersion for an unforgettable night under the stars.

15. Falconry Experiences

Get up close and personal with the UAE's national bird. Learn how falcons are trained and their importance in Emirati heritage.

16. Visit Liwa Heritage Village

This reconstructed village offers a glimpse into life in the UAE before oil, complete with museums, traditional homes, and handicraft displays.

17. Explore Fossil Dunes

Take a trip to the lesser-known fossil dunes near Liwa, formed over millions of years by wind erosion.

18. Birdwatching

Liwa is a surprising haven for birdwatchers, especially around the oasis and agricultural zones where migratory birds often stop by.

19. Wellness & Yoga Retreats

With serene landscapes and peaceful surroundings, Liwa is perfect for wellness retreats. Arabiers can help you organize yoga sessions, meditation, and holistic healing in the desert.

Why Choose Arabiers for Your Liwa Trip?

Arabiers specializes in curated desert experiences tailored to your interests. From adventure-packed itineraries to peaceful retreats, our team ensures every moment in Liwa is unforgettable. Whether you're a solo traveler, a couple, or a family, our local guides and exclusive access to authentic Emirati experiences make us your ideal travel partner.

1. What is the best time to visit Liwa?
The ideal time is between October and March when the weather is cooler and perfect for outdoor activities.

2. How far is Liwa from Abu Dhabi?
Liwa is approximately 220 km (2.5 to 3 hours) from Abu Dhabi by road.

3. Is Liwa suitable for family trips?
Yes, Liwa offers family-friendly activities like camel rides, heritage tours, and desert camps suitable for all ages.

4. Do I need a 4x4 to explore Liwa?
Yes, especially if you plan to venture beyond the main roads into the dunes. Arabiers provides 4x4 guided tours for safe exploration.

5. Can I stay overnight in Liwa?
Absolutely! You can choose from luxury resorts like Qasr Al Sarab or enjoy traditional camping experiences with Arabiers.

6. Are guided tours available in Liwa?
Yes, Arabiers offers a range of guided tours including desert safaris, cultural tours, and adventure packages.

7. What should I wear in the Liwa desert?
Light, breathable clothes in the day and warmer layers for the evening. Don’t forget sunblock, sunglasses, and a hat.

8. Is there mobile network coverage in Liwa?
Main areas of Liwa have coverage, but signal may be weak in deeper desert areas.

9. Is Liwa safe for solo travelers?
Yes, Liwa is very safe. However, it's best to explore with a local guide for added security and local insight.

10. How can I book a Liwa tour with Arabiers?
Visit Arabiers, contact our customer service team, or call us directly to customize your Liwa adventure.

Final Thoughts
From majestic dunes to authentic cultural experiences, the list of *things to do in Liwa* is as vast as the desert itself. With Arabiers as your travel companion, you'll uncover the true spirit of Liwa in 2025 – one unforgettable moment at a time.